March 17-19, 2017 | Ganserdorf – Austria

INVITATION

Dear friends and karateka, we invite you to First Open Danube Cup in Ganserdorf – Austria.

THE FIRST DANUBE FUDOKAN OPEN CUP AND SEMINAR



March 17-19, 2017 | Ganserdorf - Austria

FIRST OPEN FUDOKAN DANUBE CUP AND SEMINAR

Univ. prof. ILIJA JORGA M.D., Ph.D. Soke 10. DAN

Ganserdorf, Austria, 17 - 19 March, 2017

- Sanctioned by:EUROPEAN FUDOKAN CONFEDERATIONPresident: Sensei Dr. Zurab Merabishvili 6.Dan
- Hosted by: FUDOKAN KARATE AUSTRIA President: DANE HOFMAN 6.DAN
- Organized by: Tournament Organizing Committee (T.O.C.) of the EUROPEAN FUDOKAN CONFEDERATION FUDOKAN KARATE AUSTRIA
 - **<u>Date:</u>** 17 19 March, 2017
 - Place:
 GANSERDORF-AUSTRIA

 ORT WIEN- NÄHE
 INDUSTRAβE 10,2230 GANSERNDORF

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COMPETITION CATEGORIES

A. CHILDREN I. AGE 6-7 YEARS (BORN IN 2010 AND YOUNGER)

Individual Kata Girls	No limit per country	individual kihon – ipon girls	No limit per country
Individual Kata Boys	No limit per country	Individual kihon –ipon boys	No limit per country
Individual Kihon – kumite girls	No limit per country	Individual kihon – kumite boys	No limit per country

B. CHILDREN II. AGE 8-9 YEARS (BORN IN 2008-2009)

Individual Kata Girls	No limit per country	individual kihon – ipon girls	No limit per country
Individual Kata Boys	No limit per country	Individual kihon –ipon boys	No limit per country
Individual Kihon – Kumite Girls	No limit per country	Individual kihon – kumite boys	No limit per country

C. CHILDREN III. AGE 10-11 YEARS (BORN IN 2006-2007)

Individual Kata Girls	No limit per country	Ind. Jiyu-Ippon-kumite girls	No limit per country
Individual Kata Boys	No limit per country	Ind. jiyu-ippon kumite boys	No limit per country
Individual Kihon – Kumite Girls	No limit per country	Individual kihon – kumite boys	No limit per country

D. <u>CHILDREN IV. AGE 12-13 YEARS (BORN IN 2004-2005)</u>

Individual Kata Girls	No limit per country	Ind. Jiyu-Ippon-Kumite Girls	No limit per country
Individual Kata Boys	No limit per country	Ind. jiyu-ippon kumite boys	No limit per country
Individual Kihon – Kumite Girls	No limit per country	Individual kihon – kumite boys	No limit per country

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COMPETITION RULES

INDIVIDUAL KATA:

Groups: A, B, C, D: eliminations, semi-finals, finals - FLAG SYSTEM

TYPE OF KATA (individual):

Group A: elimination/ semi-final/ final	Heian 1-2-3, Taikyoku
Group B: elimination/ semi-final/ final	Heian 1-2-3-4-5, Heian Oi Kumi
Group C: elimination/ semi-final/ final	Heian 1-2-3-4-5, Heian Oi Kumi, Bassai-Dai
Group D: elimination/ semi-final/ final	Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai,
	Kanku Dai, Jion, Enpi, Taiji shodan

KIHON KUMITE:

From natural stance must step back with Gedan-barai and start techniques FROM LEFT (HIDARI) AND FROM RIGHT (MIGI) STANCE!!!

GROUP A, B

GROUP C, D

1. Oi-Zuki-Jodan	forward	1. Oi-Zuki-Jodan	forward
2. Age-Uke/Gyaku-Zuki	backward	2. Age-Uke/Gyaku-Zuki	backward
3. Gyaku-Zuki Chudan	forward	3. Oi-Zuki-Chudan	forward
4. Uchi-Uke/Gyaku-Zuki	backward	4. Soto-Uke/Gyaku-Zuki	backward
5. Mae-Geri-Chudan	forward	5. Mae-Geri-Chudan	forward
6. Gedan-barai/Gyaku-Zuki	backward	6. Gedan-barai/Gyaku-Zuki	backward
		7. Mawashi-Geri-Jodan	forward
		8. Uchi-Uke/Gyaku-Zuki	backward

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KIHON-IPPON KUMITE (GROUP A):

ATTACK:	Natural stance: Gedan-barai step back in zenkutsu dachi and attack FROM LEFT (HIDARI) AND FROM RIGHT (MIGI) STANCE!!!		
DEFENSE:	Heiko (Yoi) d	lachi	
1. ATTACK: DEFENSE:	AKA - SHIRO -	Oi-tsuki (jodan) Age-uke counter attack: Gyaku-Tsuki-Chudan	
2. ATTACK: DEFENSE: 3.	AKA - SHIRO -	Oi-tsuki (chudan) Soto-uke counter attack: Gyaku-Tsuki-Chudan	
ATTACK: DEFENSE:	AKA - SHIRO -	Mae-geri (chudan) Gedan-barai counter attack: Gyaku-Tsuki-Chudan	

KIHON-IPPON KUMITE GROUP B:

1.		
ATTACK:	AKA -	Oi-tsuki(jodan)
DEFENSE:	SHIRO -	Age-uke counter attack: Gyaku-Tsuki-Chudan
2.		
ATTACK:	AKA -	Mae-geri(chudan)
DEFENSE:	SHIRO -	Gedan-barai counter attack: Gyaku-Tsuki-Chudan
3.		
ATTACK:	AKA -	Mawashi-geri(chudan)
DEFENSE :	SHIRO -	Uchi-uke counter attack: Gyaku-Tsuki-Chudan

JIUY IPPON KUMITE (Groups C, D):

ATTACK: Kizami-Tsuki-Jodan, Oi-Tsuki-Jodan, Gyaku-Tsuki-Chudan, Mae-Geri-Chudan, Mawashi-Geri- Jodan;

> *IN FINAL MATCHES ONLY - plus RENZOKU-KOGEKI-WAZA: Kizami-Tsuki-Jodan - Mawashi-Geri-Jodan - Uraken-Uchi-Jodan - Gyaku-Tsuki-Chudan.

DEFENCE: ONLY Uke-waza, counter attack: Gyaku-Tsuki-Chudan

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COMPETITION CATEGORIES

E. <u>CADETS AGE 14-15 YEARS (BORN IN 2002 - 2003)</u>

Individual Kata Women	No limits/Country	Ind. Fuku-Go Men	No limits/Country
Individual Kata Men	No limits/Country	Ind. Ko-go Kumite Women	No limits/Country
Ind. Fuku-Go Woman	No limits/Country	Ind. Ko-go Kumite Men	No limits/Country

F. JUNIORS AGE 16-18 YEARS (BORN IN 1999,2000,2001)

Individual Kata Women	No limits/Country	Ind. Fuku-Go Men	No limits/Country
Individual Kata Men	No limits/Country	Ind. Ko-go Kumite Women	No limits/Country
Ind. Fuku-Go Woman	No limits/Country	Ind. Ko-go Kumite Men	No limits/Country

G. <u>YOUTHS AGE 19-21 YEARS (BORN IN 1998, 1997, 1996)</u>

Individual Kata Women	No limits/Country	Ind. Fuku-Go Men	No limits/Country
Individual Kata Men	No limits/Country	Ind. Kumite Women	No limits/Country
Ind. Fuku-Go Woman	No limits/Country	Ind. Kumite Men	No limits/Country

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H. SENIORS

SENIORS, YOUNGER GROUP (FROM 1995 - 1983 YEARS)

Individual Kata Women	No limits/Country	Ind. Fuku-Go Men	No limits/Country
Individual Kata Men	No limits/Country	Ind. Kumite Women	No limits/Country
Ind. Fuku-Go Woman	No limits/Country	Ind. Kumite Men	No limits/Country

I. SENIORS

SENIORS, OLDER GROUP (FROM 1982 - 1968 YEARS)

Individual Kata Women	No limits/Country	Ind. Fuku-Go Men	No limits/Country
Individual Kata Men	No limits/Country	Ind. Kumite Women	No limits/Country
Ind. Fuku-Go Woman	No limits/Country	Ind. Kumite Men	No limits/Country

J. VETERANS

KUMITE	КАТА	FUKUGO	
Age category	Age category	Age category	
50 to 55 year(1967-1962)	50 to 55 year(1967-1962)	50 to 55 year(1967-1962)	
56 to 60 (1961-1957)	56 to 60 (1961-1957)	56 to 60 (1961-1957)	
61 to 66year (1956-1951)	61 to 66year (1956-1951)	61 to 66year (1956-1951)	
67 to 71(1950-1946)	67 to 71(1950-1946)	67 to 71(1950-1946)	
72 and older(1945+)	72 and older(1945+)	72 and older(1945+)	

Participants of any age category can compete according to body weight in any of listed weight category

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COMPETITION RULES

(WORLD FUDOKAN FEDERATION)

ATTENTION:

- 1. AN ATHLETE CAN PARTICIPATE IN INDIVIDUAL CATEGORIES ONLY IN HIS/HER AGE CATEGORY.
- 2. The KUMITE event of FUKU-GO has the SAME RULES for each category as in INDIVIDUAL KUMITE or Kogo Kumite according with the category as below.

PAYMENT ASSIGNMENT:

Seminar participation fee: 30 euros per athlete.

Competition participation fee: 10 euros (for all disciplines).

Contact person for hotel room and booking is Eva Mayr : +43/699-11057603

E-mail: eva-anna.mayr@gmx.at

E- mail for contact and report europian.fudokanfederation@gmail.com

Contact person is Tanja Polak : +43/680-2148119

PROGRAM SEMINAR:

- 1. 17.03.2017 Training 18:00-19:30
- 2. 18.03.2017 First training 11:00-13:00

Second training 17:00-19:00

3. 19.03.2017 Training 10:00 - 11:30

The first Open Danube Cup 12:00

FUDOKAN KARATE AUSTRIA DANE HOFMAN 6.DAN EUROPEAN FUDOKAN CONFEDERATION SENSEI DR. ZURAB MERABISHVILI 6DAN.

THANK YOU FOR COMING!