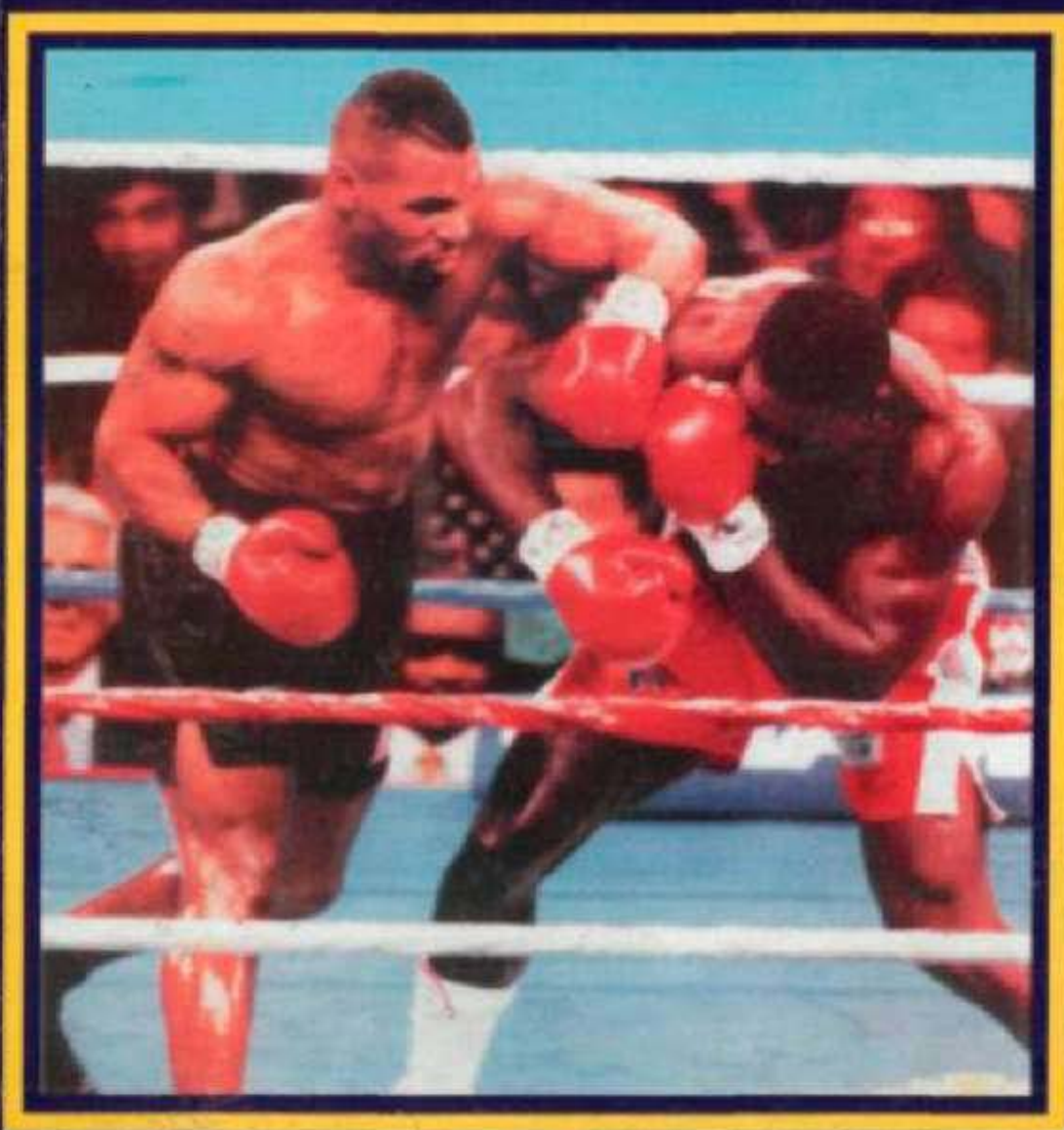


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2000
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Составители Лесков В.К., Матвеев М. Н.

В восьмой книге серии "Библиотека боксера" рассмотрены вопросы тренировки боксера-левши и ее особенности. Также представлен материал по технике и тактике ведения поединка против боксера-лѐвши

ББК.75.715

ISBN 0-940871-17-0

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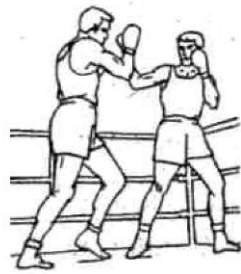
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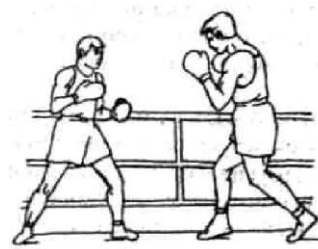
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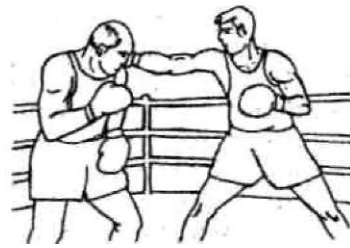
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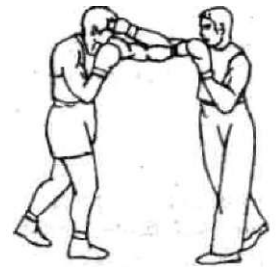
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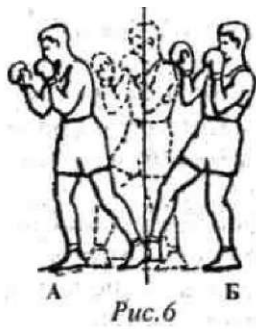
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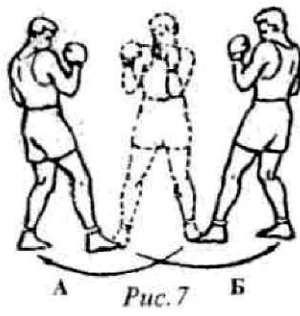
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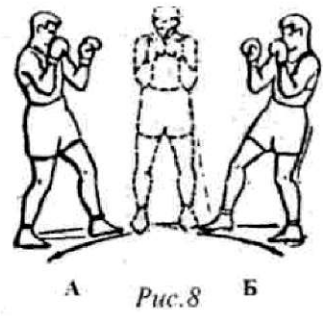
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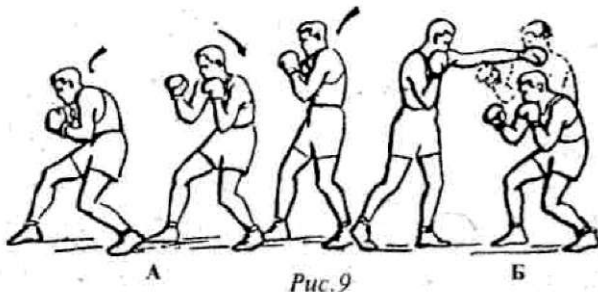
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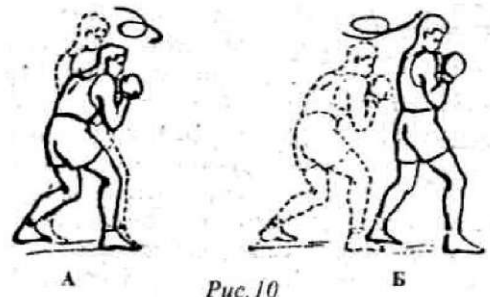
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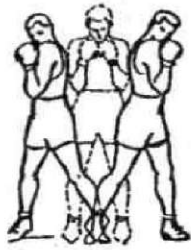


Рис. 11

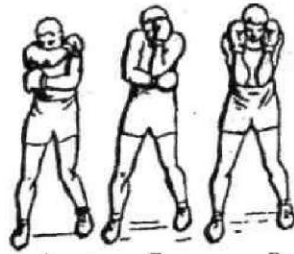


Рис. 12

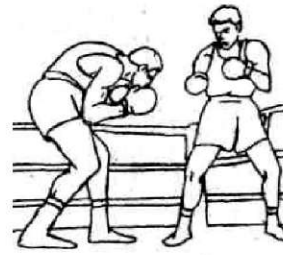


Рис. 13

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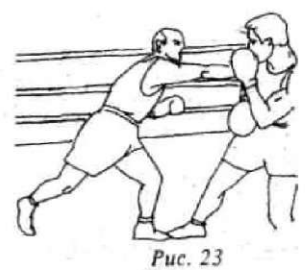
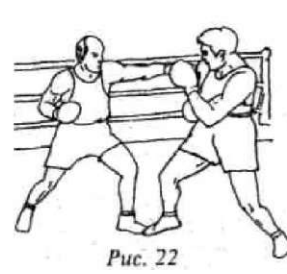
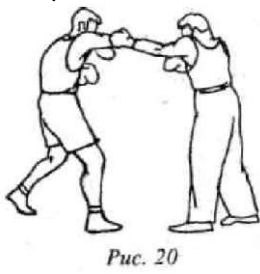
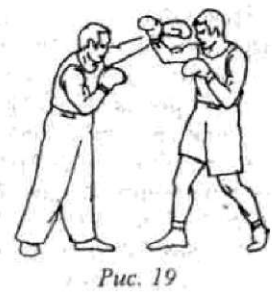
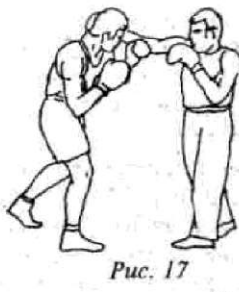
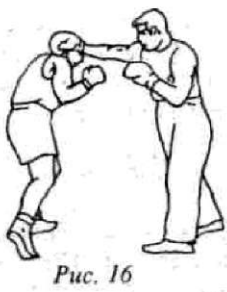
(. 16).

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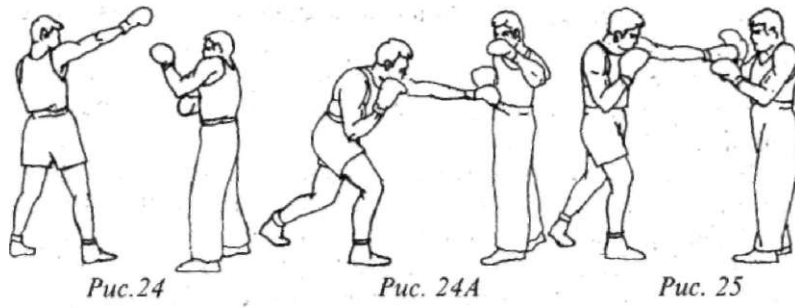
(. 21).

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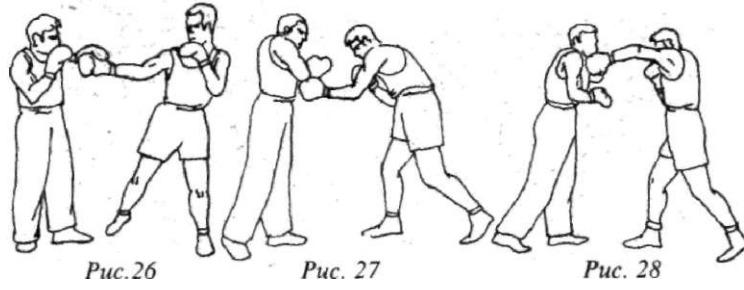
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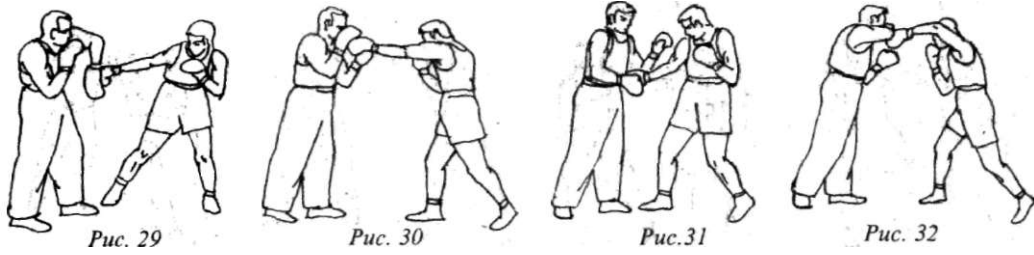
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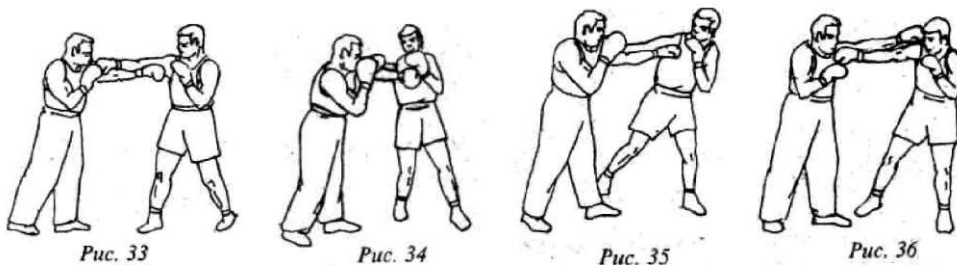
(. 34),

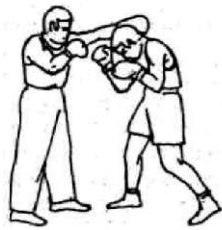
(. 35)

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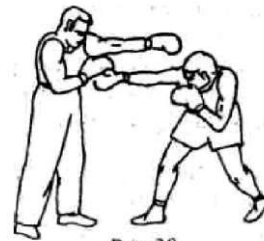




Puc. 37



Puc. 38

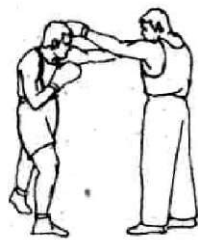


Puc. 39

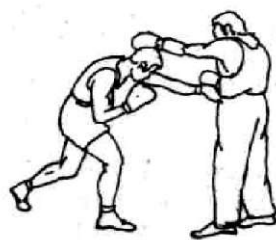
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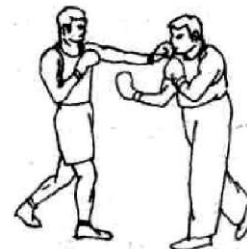
(. 41).



Puc. 40



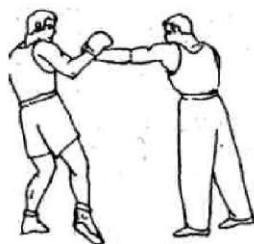
Puc. 41



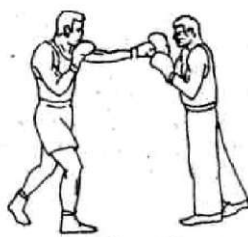
Puc. 42

(. 42).

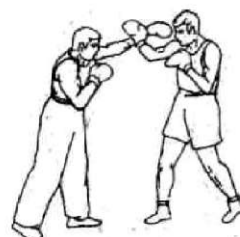
(, 43),
(. 44)



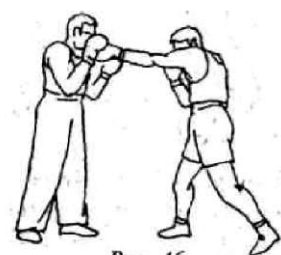
Puc. 43



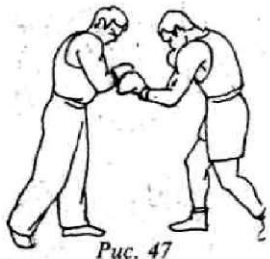
Puc. 44



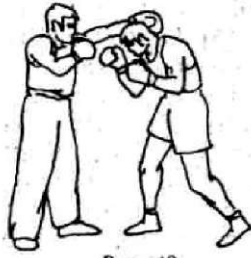
Puc. 45



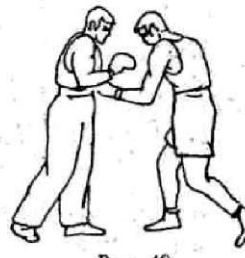
Puc. 46



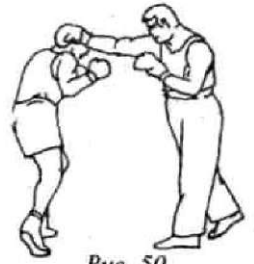
Puc. 47



Puc. 48



Puc. 49



Puc. 50

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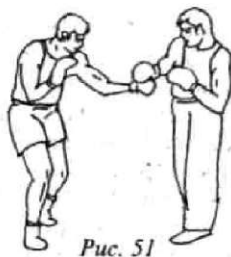
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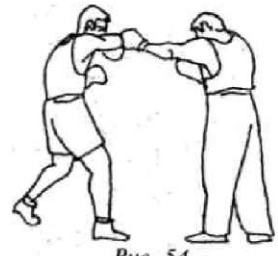
Puc. 51



Puc. 52



Puc. 53



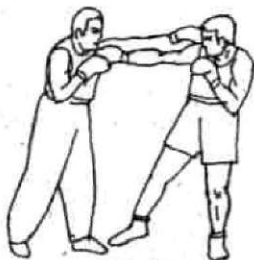
Puc. 54

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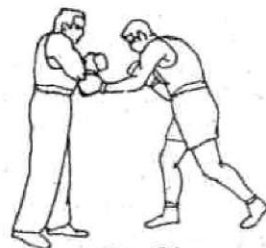
(56).

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(. 58).



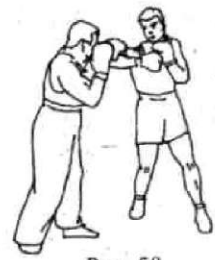
Puc. 55



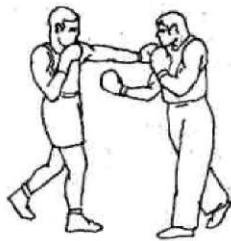
Puc. 56



Puc. 57



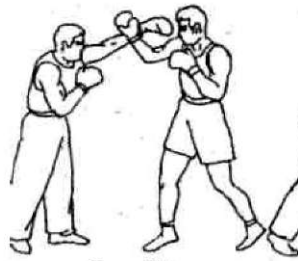
Puc. 58



Puc. 59



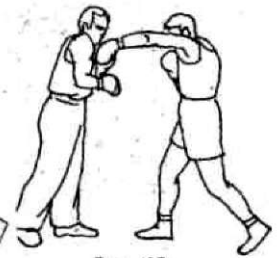
Puc. 60



Puc. 61



Puc. 62



Puc. 63

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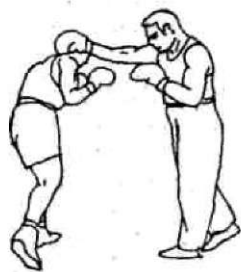
(. 62)

(. 63).

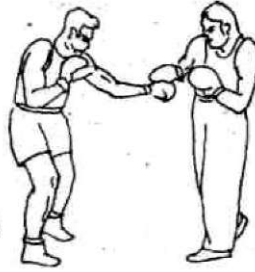
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Puc. 64



Puc. 65



Puc. 66

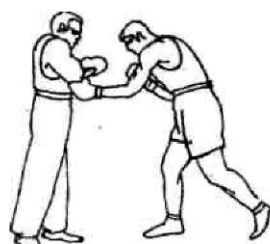
(. 68)

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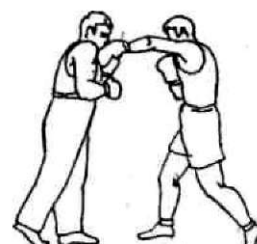
(. 69).



Puc. 67



Puc. 68



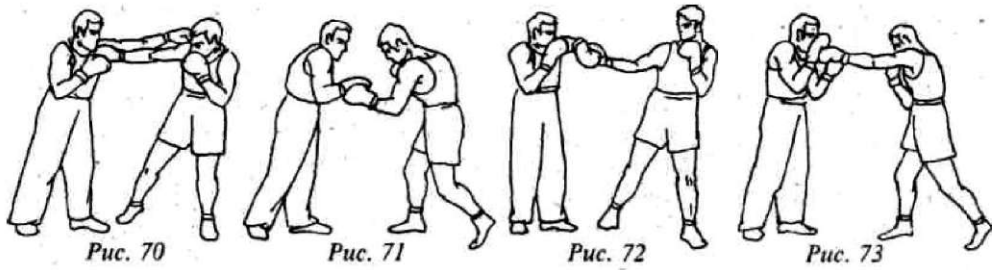
Puc. 69

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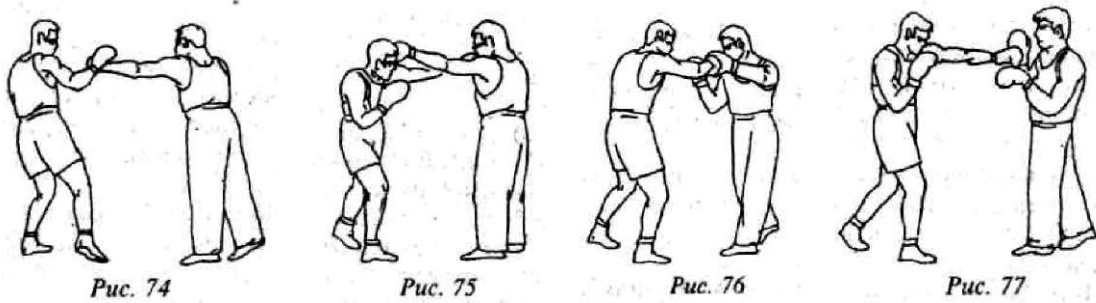
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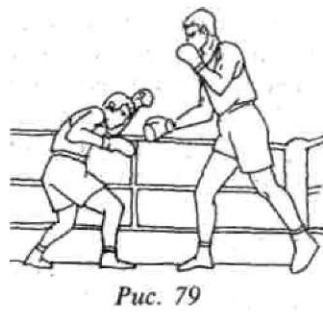
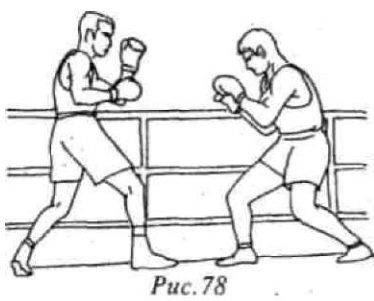
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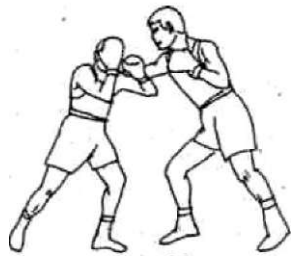
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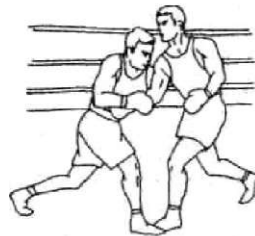
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Puc.81



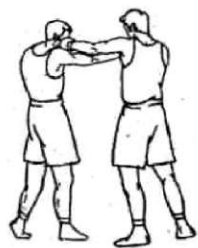
Puc. 82

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- (. 85).



Puc. 83



Puc. 84



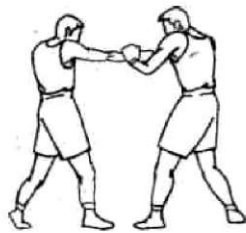
Puc. 85



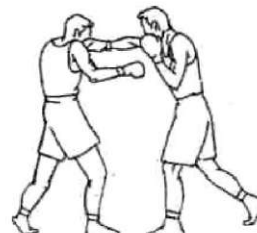
Puc. 86



Puc. 87



Puc. 88



Puc. 89

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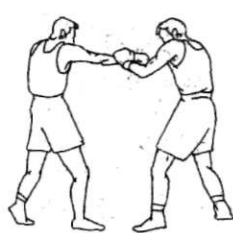
(. 94).

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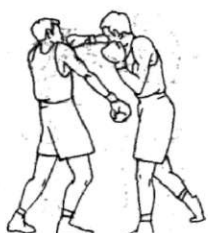
(. 95,96).

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(. 97,98).



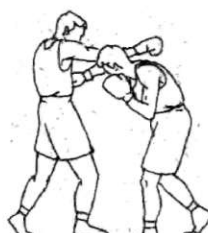
Puc. 90



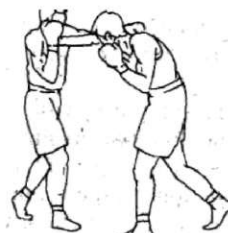
Puc. 91



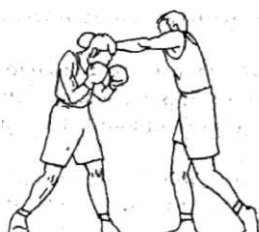
Puc. 92



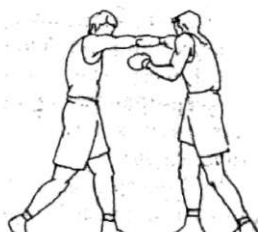
Puc. 93



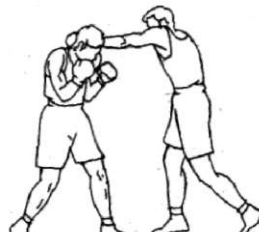
Puc. 94



Puc. 95



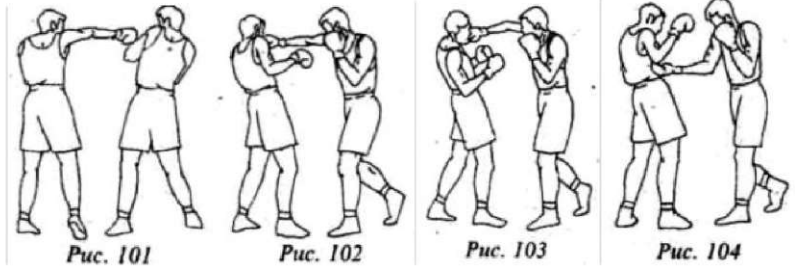
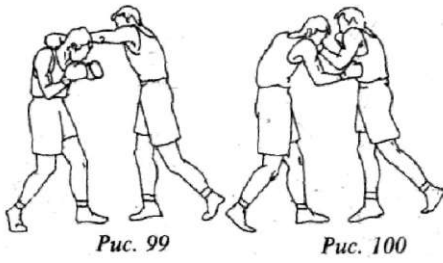
Puc. 96



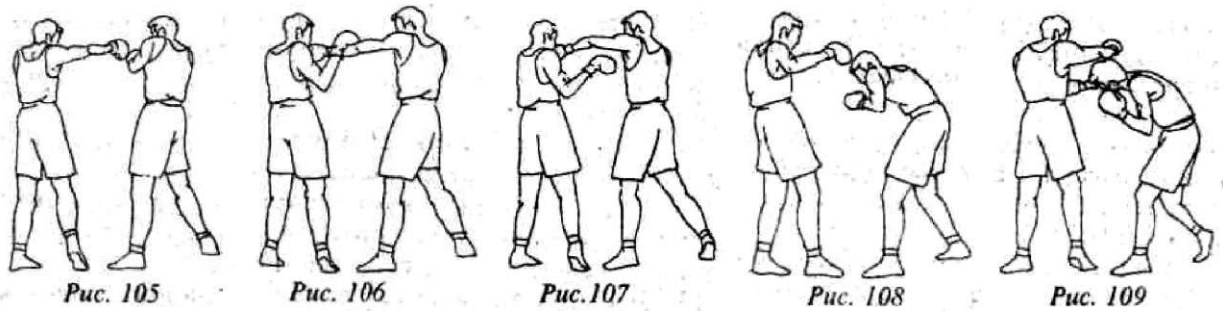
Puc. 97



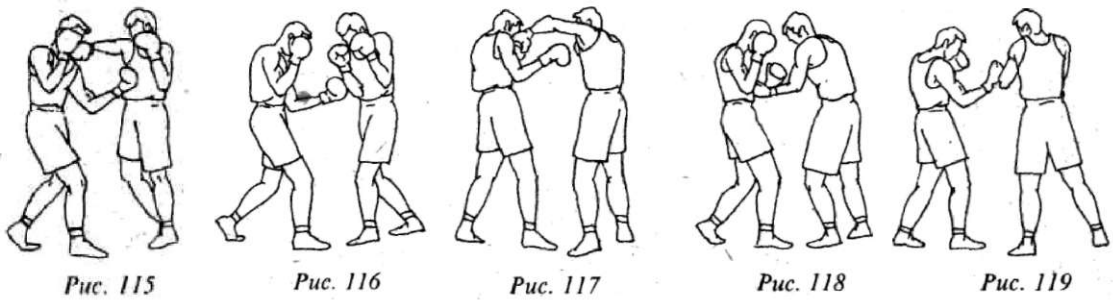
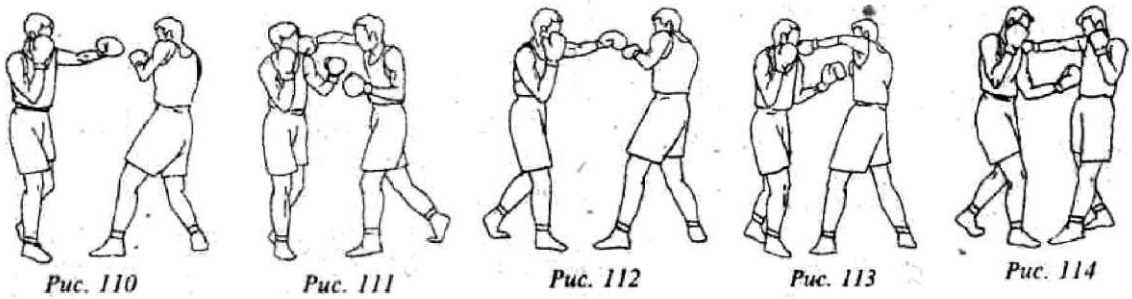
Puc. 98

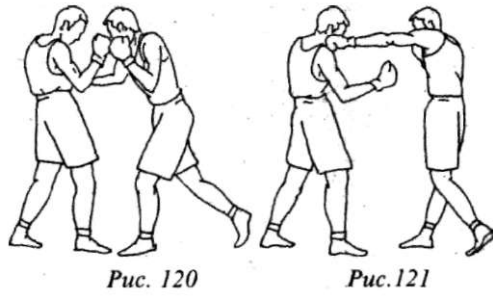


- 11. - (. 99,100).
- 12. -
- 13. - (. 101-104).
- 14. - (. 105-107).
- 15. - (. 108,109).



- 15. - (. 110,111).
- 16. - (. 112,113).
- 17. - (. 114).
- 18. - (. 115).

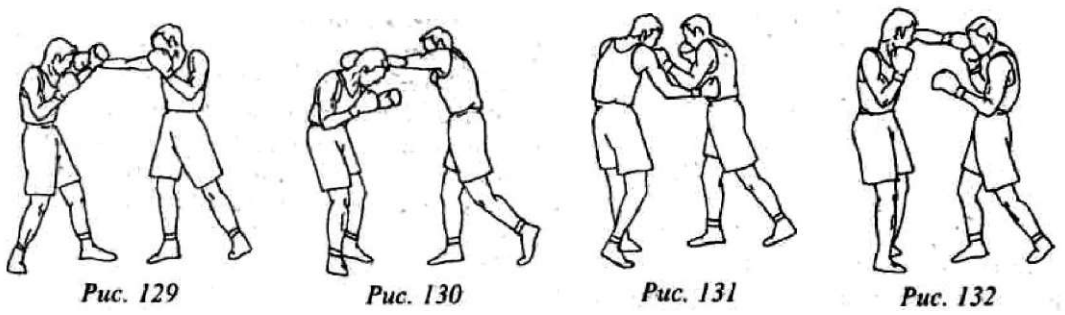
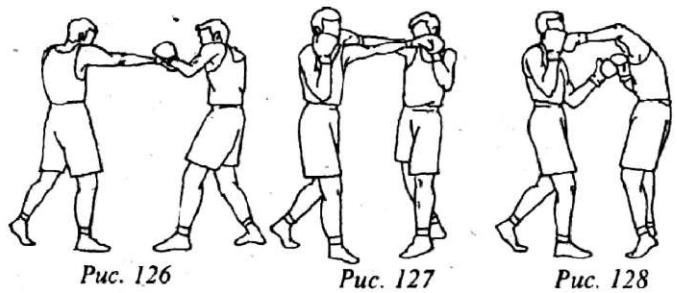


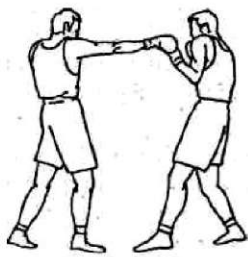


- 19. - (. 116-118).
- 20. -
- (. 119,120).
- 21. - (. 121).
- 22. -

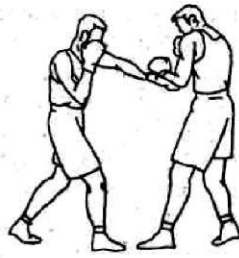
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- 1. -
- (. 126-128).
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- (. 129-132).
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- (. 133-136).
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- (. 137-140).

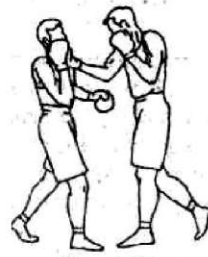




Puc. 133



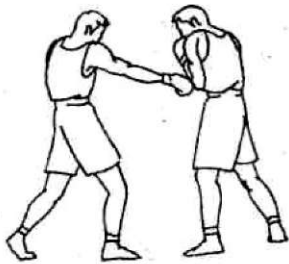
Puc. 134



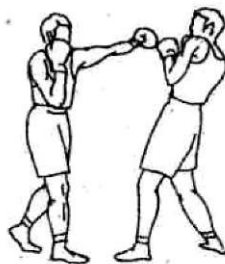
Puc. 135



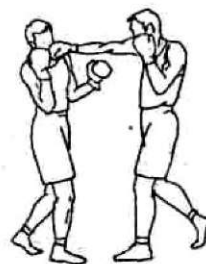
Puc. 136



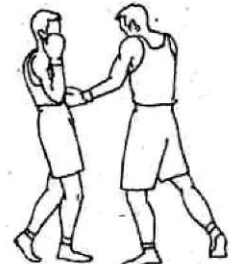
Puc. 137



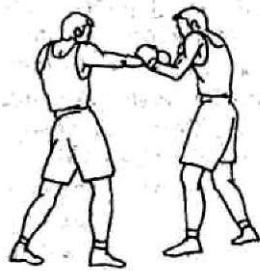
Puc. 138



Puc. 139



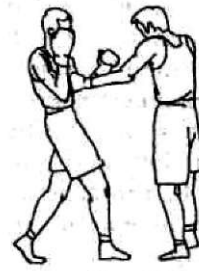
Puc. 140



Puc. 141



Puc. 142



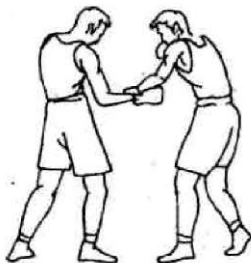
Puc. 143

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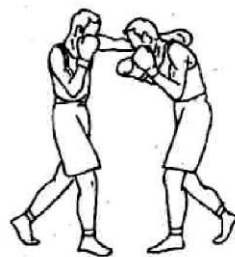
(. 141-143).

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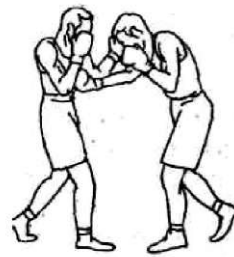
144-147).



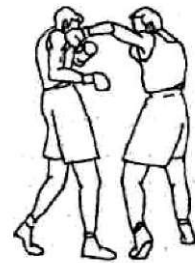
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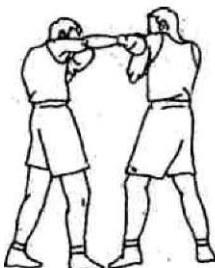
Puc. 145



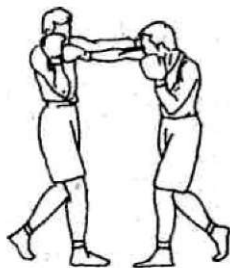
Puc. 146



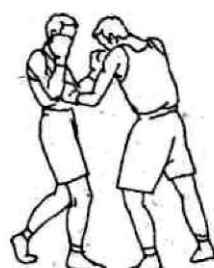
Puc. 147



Puc. 148



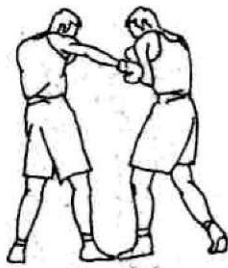
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Puc. 150



Puc. 151



Puc. 152



Puc. 153



Puc. 154



Puc. 155

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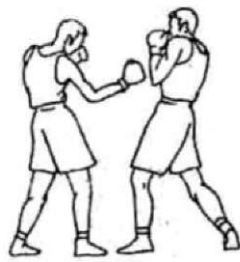
(. 148-151).

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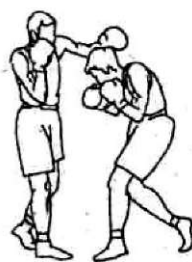
(. 152-155).

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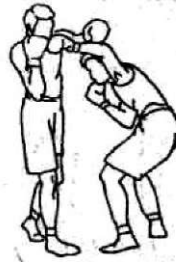
(. 156-159).



Puc. 156



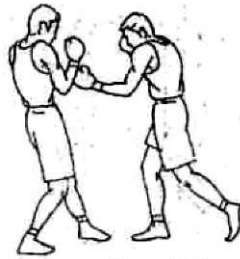
Puc. 157



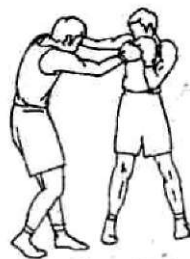
Puc. 158



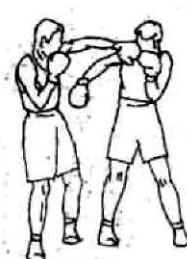
Puc. 159



Puc. 160



Puc. 161



Puc. 162

10.

(. 160-162).

1. The first part of the document discusses the importance of maintaining accurate records in a business context. It highlights that proper record-keeping is essential for legal compliance, financial reporting, and operational efficiency. The text emphasizes that businesses should implement robust systems to ensure data integrity and security.

2. In the second section, the author explores various methods for data collection and analysis. It notes that while manual data entry is still used, modern software solutions offer significant advantages in terms of speed and accuracy. The text suggests that businesses should invest in training and technology to optimize their data management processes.

3. The third part of the document focuses on the challenges of data storage and retrieval. It points out that as the volume of data grows, traditional storage methods may become insufficient. The author recommends cloud-based storage solutions for their scalability and accessibility, while also discussing the risks associated with data breaches and the importance of regular backups.

4. The fourth section addresses the issue of data privacy and security. It discusses the need for businesses to adhere to various regulatory frameworks, such as GDPR and CCPA. The text provides practical advice on how to conduct privacy audits and implement security protocols to protect sensitive information from unauthorized access.

5. Finally, the document concludes by summarizing the key takeaways. It reiterates that effective data management is a cornerstone of a successful business strategy. The author encourages readers to stay informed about the latest trends in data technology and to continuously evaluate and improve their data management practices.

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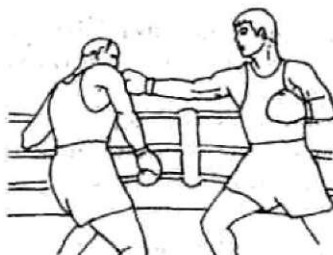
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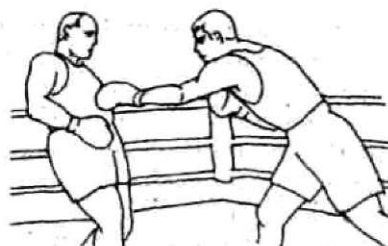
Puc. 163



Puc. 164



Puc. 165 A



Puc. 165 B

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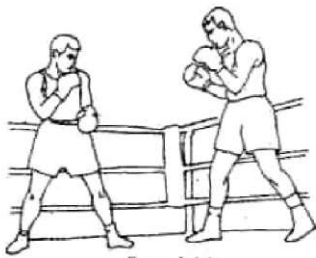
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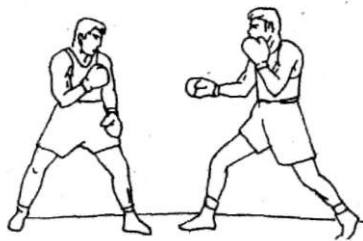
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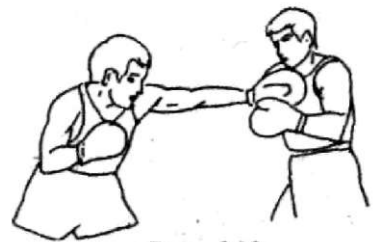
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Puc. 168

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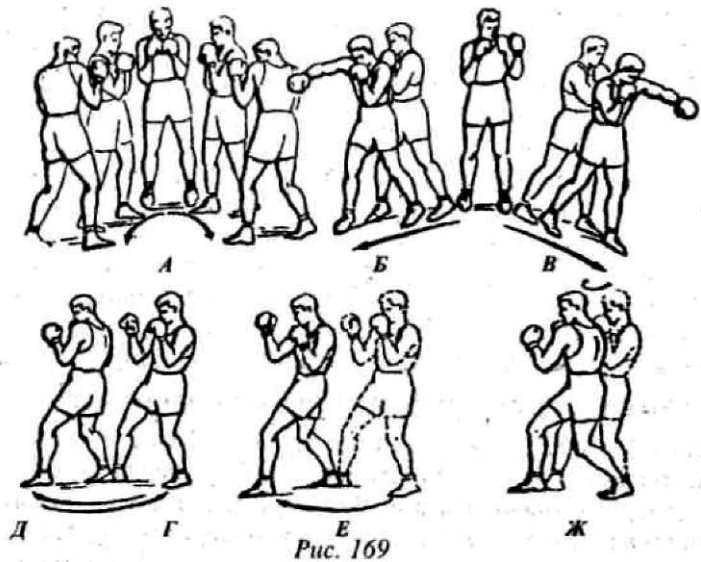


Рис. 169

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Рис. 170

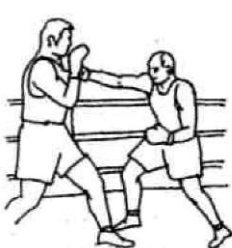


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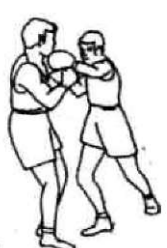


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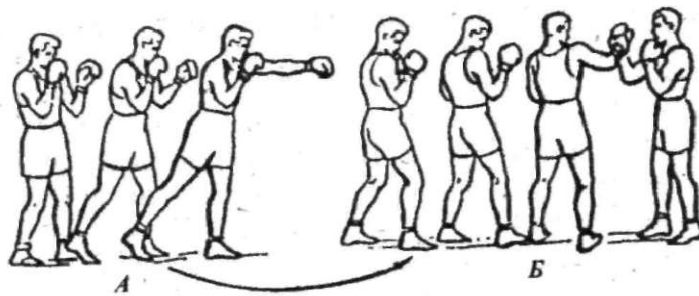
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Puc. 175

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